

VISUAL JOURNALING SUPPLIES LIST - (suggested)

- Strathmore Visual Journal, Spiral Bound, 9 by 12-Inch, Mixed Media Vellum
- Paints - acrylics, watercolor....whatever you have at home
- Brushes - for painting and gluing
- Gesso
- Sissors
- Pens and Markers - sharpies, gel pens, etc (waterproof or water resistant are good)
- Colored Pencils/Crayons - water soluble crayons are fun!
- Stamps and Ink pads - think creatively...lots of household items can be used to stamp...corks, lids, towel tubes kid's toys...etc
- Stencils
- Misc. Ephemera for collaging - receipts, tickets, junk mail, magazine images etc
- Brayer
- Glue & Adhesives - take your pick - mod podge, glue sticks, elmers, gel medium
- Wax Paper/Parchment Paper - to put in between pages that are drying
- Baby wipes
- Paper Towels