

Supply List for Expressionistic Painting - ROCA

Tuesdays 1 – 4 pm

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The supply/ materials list for painting is recommended. If you want to start with just a limited amount of paint, 1 or 2 canvases, 2 – 3 brushes and a palette knife plus medium depending on your choice of oil or acrylic, that is fine. Here is a complete recommended list:

Easels are provided by ROCA

Palette:

1 medium size disposable palette paper pad. Or you can bring a piece of plexiglass or glass (taped edges) or purchase a roll of Freezer Paper at the grocery store.

Brushes/Palette Knives

2 - 3 of each size brush - choose inexpensive or medium price brand for either oil or acrylic. At paint supply stores such as Blick, or art supply online, you can find a set of flat bristle brushes in a variety of sizes. If you buy them separately be sure to get 2 or 3 size no. 10 flat bristle brush, for laying in large masses of color, no. 8 and no. 4 or 6.

1 or more Filbert brushes (rounded edges) if you would like to experiment with different shapes.

1 or 2 palette knives – medium sized. This is an important item!

Paint/Medium:

You can choose to use *either oil paint or acrylic paint*. Either is fine, however, mediums are different (see below); oil takes longer to dry, some artists prefer oils because of the slow drying time and the rich quality; acrylic is water based, can be mixed with mediums to look like oil, and cleans up easily with water.

All painters should have at least 1 tube of acrylic, such as yellow ochre, to tone the canvas.

Medium For Oil paints:

1 Linseed Oil (or buy Safflower Oil in the supermarket)

1 can Turpenoid, odorless turpentine. Please choose a good quality, not mineral spirits and must be 'odorless'.

For experienced oil painters you may also want damar varnish. Bring a small jar or can for mixing the mediums.

Medium For Acrylic paints:

Jar of Gloss or Matte medium for acrylic paint. Also bring a plastic container for water.

Generally if you are new to painting, choose student grade paints. If you have some experience and can afford to buy medium to artist grade paints you may want to invest.

Keep in mind that you don't need to buy *every* shade of a certain color. All colors in the spectrum can be mixed on the palette, using a very limited number of basic colors to start. Remember that some oil colors and acrylics can be very expensive. Look for a student or medium grade and a similar hue if cadmium is too pricey. If you have a limited budget, choose a shorter list of colors such as 1 green, 2 blues, 1 red, 1 yellow, 1 white, 1 yellow ochre, 1 burnt umber or purple and black (or mix 'black' using other colors!) You may want to purchase the basic colors first and as we progress, add to your color palette.

Here is a good palette for either oil or acrylic -

Titanium white (lots of it - get a big tube)

Sap Green

Green Light

Cerulean Blue (or Cerulean hue)

Cobalt Blue (or Cobalt hue)

Prussian Blue

Alizarin Crimson

Cadmium Red Light

Cadmium Yellow or Cadmium Yellow Light

Yellow Ochre

Raw Sienna

Burnt Umber

Ivory Black

Also if money isn't an issue, consider these colors:

Ultramarine Blue

Cadmium Yellow Deep

Naples Yellow

Viridian Green

Painting Surfaces (Canvas, masonite, etc.)

4 Primed, Pre-stretched Canvas, 14 x 18 or 16 x 20. or larger if you prefer

Oil and Acrylic can be used on almost any surface as long as it is primed, with a coat of gesso or acrylic paint. You can experiment with heavy watercolor or Bristol or mat board, cardboard, wood or masonite, oil board or canvas board, in addition to the stretched primed

canvases. No need to buy the more expensive gallery wrap.

Other materials:

Drawing paper, pencil or charcoal

Tool box for supplies

Plastic rolling cart for easy transporting supplies if you want (Staples has these)

smock or apron

rags or paper towel

bag of plastic/vinyl gloves (you can find these in the supermarket cleaning aisle)

roll of masking tape

containers for water, or oil medium, turpenoid (odorless turpentine)