

Parent completes this side of form  
Physician completes reverse side

## 2018 CAMPER HEALTH FORM

**Complete & Return form to:**

Rockland Center for the Arts  
Day Camp  
27 South Greenbush Rd.  
West Nyack, NY 10994

Telephone: (845) 358-0877  
Fax: (845) 358-0971

**PLEASE PRINT**

Child's Name \_\_\_\_\_ Birth Date \_\_\_\_\_ Sex \_\_\_\_\_ Age \_\_\_\_\_  
Last First Initial

Home Address \_\_\_\_\_  
Street & Number City State Zip Code

Parent / Guardian Name \_\_\_\_\_ Phone (home) \_\_\_\_\_ Phone (work) \_\_\_\_\_

**In an emergency, if parent / guardian is not available notify:**

1. \_\_\_\_\_ Phone (home) \_\_\_\_\_ Phone (work) \_\_\_\_\_  
Name
2. \_\_\_\_\_ Phone (home) \_\_\_\_\_ Phone (work) \_\_\_\_\_  
Name

**Child's Physician:** \_\_\_\_\_ Phone (office) \_\_\_\_\_  
Name

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### Health History: (Check all that apply)

	<u>Allergies</u>	<u>Disease</u>
Ear Infections _____	Hay Fever _____	Chicken Pox _____
Rheumatic Fever _____	Poison Ivy _____	Measles _____
Convulsions _____	Insect Stings _____	German Measles _____
Diabetes _____	Penicillin _____	Mumps _____
Aspergers/Autism _____	Other Drugs (list) _____	Asthma _____
Other Behavior Issues (list) _____		

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Date of Most Recent Medical Examination \_\_\_\_\_ Examining Physician \_\_\_\_\_

Operations & Dates \_\_\_\_\_

Chronic or Recurring Illness \_\_\_\_\_

Other Diseases or Details of Above \_\_\_\_\_

List any Activities to be Restricted \_\_\_\_\_

**IMPORTANT: Please notify camp if this camper is exposed to any communicable disease during the 3 weeks prior to camp.**

**PARENTS AUTHORIZATION**  
**(Must be signed for admission to day camp)**

This health history is correct so far as I know, and the person herein described has permission to engage in all prescribed camp activities, except as noted by me and the examining physician. In the event I cannot be reached in an EMERGENCY, I hereby give permission to the physician selected by the camp director to hospitalize, secure proper treatment for, and to order injection, anesthesia or surgery for my child as named above.

Parents / Guardian's Signature \_\_\_\_\_ Date \_\_\_\_\_

## IMMUNIZATION HISTORY

Please list dates of basic immunizations and most recent booster doses.

DTP Series \_\_\_\_\_ DPT Booster \_\_\_\_\_ Tetanus Booster \_\_\_\_\_  
Polio OPC (Sabin) \_\_\_\_\_ Polio Booster \_\_\_\_\_ Typhoid \_\_\_\_\_  
Measles Vaccine (live) \_\_\_\_\_ Measles Booster \_\_\_\_\_ Tuberculin Test \_\_\_\_\_  
German Measles (Rubella) \_\_\_\_\_ Mumps Vaccine (live) \_\_\_\_\_ Haemophilus Influenza (hib) \_\_\_\_\_  
Smallpox \_\_\_\_\_ Hepatitis B \_\_\_\_\_ Varicella(chicken pox) \_\_\_\_\_

## MEDICAL EXAMINATION - To be filled out by a licensed physician

This examination should be performed within 12 months prior to arrival at camp. An examination for some other purpose within this period is acceptable. The examination is for determining fitness to engage in strenuous activities.

HEIGHT \_\_\_\_\_ WEIGHT \_\_\_\_\_ B.P. \_\_\_\_\_ HGB. TEST \_\_\_\_\_ URINALYSIS \_\_\_\_\_  
EYES \_\_\_\_\_ EXTREMITIES \_\_\_\_\_  
GLASSES \_\_\_\_\_ POSTURE (Spine) \_\_\_\_\_  
EARS \_\_\_\_\_ SKIN \_\_\_\_\_  
NOSE \_\_\_\_\_ ALLERGY: (Please Specify)  
THROAT \_\_\_\_\_ 1. \_\_\_\_\_ 2. \_\_\_\_\_  
HEART \_\_\_\_\_ GENERAL APPRAISAL:  
LUNGS \_\_\_\_\_ \_\_\_\_\_  
ABDOMEN \_\_\_\_\_ \_\_\_\_\_  
HERNIA \_\_\_\_\_

### (FOR GIRLS AND WOMEN)

Has this person Menstruated? [ ] Yes [ ] No If, not, has she been told about it? [ ] Yes [ ] No  
If so, is her menstrual history normal? [ ] Yes [ ] No Special Considerations: \_\_\_\_\_

### RECOMMENDATIONS & RESTRICTIONS WHILE IN CAMP:

Diet Restrictions: \_\_\_\_\_  
Special Medicine (name it) \_\_\_\_\_ Is Parent Sending It? \_\_\_\_\_  
Is Swimming or Diving restricted? \_\_\_\_\_  
Is Strenuous Activity restricted? \_\_\_\_\_  
Other \_\_\_\_\_

*I have examined the person herein described & have reviewed his/her health history. It is my opinion that he/she is physically able to engage in camp activities, except as noted above.*

\_\_\_\_\_  
Signature of Examining Physician Address \_\_\_\_\_  
Phone \_\_\_\_\_